

COMMUNITY INVOLVEMENT

Artists Creating Together (ACT) Michigan - Grand Rapids Inc.

<http://www.artistscreatingtogether.org> - 616-885-5866

Visual and non-visual community art classes available for adults, ages 16 and up. These programs offer opportunities for creating community, meeting new friends, and building self-confidence, all while learning and enjoying art! Volunteer opportunities are also available, both programming and office/administrative.

Indian Trails Camp

<http://ikuslife.org/services/indian-trails-camp/> - 616-677-5251

Indian Trails is a remarkable facility that brings adaptive recreation to the lives of each camper. Indian Trails offers a barrier-free camp setting in which those with disabilities can participate in all manner of activities the outside world is ill-equipped to provide. Indian Trails Camp accepts campers with a broad range of developmental and/or physical disabilities. Year-round programming includes weekend respites and a community integrated skill building program. Seasonal programs include summer camps and day camps.

Michigan Disability Sports Alliance

<http://www.michiganvictorygames.org/midsa/>

Michigan Victory Games is a 4-day statewide regional athletic competition for individuals with physical disabilities. Eligible athletes over the age of 7 may attend and high school students might earn their Varsity letter via this event. Some of the events offered include: Bowling, Cross Country, Cycling, Boccia, Power Lifting, Slalom, Swimming, Table Tennis, and Track/Field. The local team, the Grand Rapids Eagles, can be reached via the head coach, Emily Vanderzwaag, at emvanderzwaag@yahoo.com.

Michigan State University Extension: Children and Youth Programming

http://msue.anr.msu.edu/resources/children_and_youth_programming_preparing_children_youth_for_the_future

MSU Extension's goal is that every Michigan child is prepared for a healthy and productive life. Children and youth programming is in five areas: capacity building for youth programs, workforce development, enhancing science literacy, and leadership.

Special Olympics Michigan – Area 11

<http://www.somi.org/area11/>

Sports programs for individuals with disabilities in Barry and Kent Counties. Available sports include; Alpine Skiing, Aquatics, Athletics (Track and Field), Basketball, Bocce, Bowling, Cross Country Skiing, Cycling, Golf, Gymnastics, Poly Hockey, Snowboarding, Snowshoeing, Soccer, Softball, Speed Skating, Volleyball

The Rapid: Transit Services

<http://www.ridetherapid.org/> - 616-356-1138

The Rapid serves the cities of East Grand Rapids, Grand Rapids, Grandville, Kentwood, Walker and Wyoming. The fixed route service offers free Travel Training to show individuals how to use the system. All the bus stops and buses are 100% accessible to persons with disabilities. We offer group orientation and familiarization as well.

Go!Bus - The Rapid offers a door-to-door transportation service for seniors age 65+ and persons with disabilities who cannot ride a fixed-route bus. Reservations must be made in advance for this service.

YMCA~ Camp Manitou-Lin

<https://www.grymca.org/camp-manitou-lin/>

For Ages 19-26 (must be independent in the bathroom). Come and enjoy a fun filled weekend at YMCA Camp manitou-Lin! Participants will stay in our heated and carpeted cabins with attached bathroom facilities. Weekend activities may include hayrides, nature hikes, camp crafts, boating, campfires, archery, and making great friends!

YMCA – Mary Free Bed

<https://www.grymca.org/mary-free-bed/overview/> - 1-616-855-9622

The Mary Free Bed YMCA is a revolutionary new facility designed with everyone in mind. The 36-acre, LEED certified complex is home to a wide range of fully accessible spaces and amenities. With new adaptive fitness, nutrition, healthy aging, and youth leadership programs, everyone has an opportunity to participate in engaging activities that enhance their well-being.